

'Cremate, Throw Me Away,' Harris Wrote

Headmistress Left Suicide Note Before Diet Doctor's Fatal Shooting

WHITE PLAINS, N.Y. (AP)—Jean Harris left a note saying, "I wish to be immediately **CREMATED AND THROWN AWAY**" before going to meet her longtime lover, Scarsdale diet doctor Herman Tarnower, on the night she fatally shot him, according to court testimony.

Harris also wrote of "so many enemies and so few friends" in a second note introduced by the defense at her murder trial Monday in an attempt to convince the jury that she intended to take her own life when she visited Tarnower's estate the night the 69-year-old doctor was shot to death.

In the first note, the key words "**CREMATED AND THROWN AWAY**" were printed in capital letters in red ink on the stationery of the Madeira School, the exclusive

girls school Harris headed for three years in McLean, Va.

The 57-year-old former administrator is charged with killing her lover of 14 years in an upstairs bedroom of his Purchase, N.Y., estate last March 10 in what the prosecution says was a jealous rage over Tarnower's affair with another woman.

The defense contends that Tarnower was shot accidentally when he and Harris struggled over her gun as she tried to shoot herself.

Alice Faulkner, chairwoman of the Madeira School board, testified that she found the notes in a chair in Harris' campus home the day after she was arrested at Tarnower's estate.

Harris apparently was disturbed by an incident that had happened

the previous week, when she suspended four students for possessing drug paraphernalia.

"I'm sorry. Please for Christ's sake don't open the place again until you have adults and policemen and keepers on every floor. God knows what they're doing," Harris wrote to Faulkner, apparently referring to the drug suspensions. The letter was apparently written two days after spring recess had begun.

"And next time," Harris continued, "choose a head the board wants and supports. Don't let some poor fool work like hell for two years before she knows she wasn't even wanted in the first place. There are so many enemies and so few friends."

The unsigned letter concludes: "I was a person and nobody ever knew."